

Sleep Health Management Resources, Inc.

Art of PAP Titration Itinerary

Program Objectives:

- ❖ Discuss the mechanics of breathing during sleep
- ❖ Recognize sleep related breathing events
- ❖ Recognize the criteria for PAP initiation
- ❖ Discuss PAP titration techniques
- ❖ Discuss appropriateness of oxygen administration

9:00-9:15am.....	Course Introduction
9:15-12:00pm.....	Basics of Respiratory Physiology <i>Airflow Monitoring Devices</i> <i>Physiology of PAP</i> <i>Control of Breathing</i> <i>Oxygen Administration</i> <i>Use of Capnography in Sleep</i> <i>Sleep Disordered Breathing Disorders</i> <i>Recognizing SDB Events</i> <i>Titration Techniques- CPAP, BiLEVEL, VPAP</i> <i>Mask Fit Testing</i> <i>Patient Compliance</i>
12:00-1:00pm.....	Lunch
1:00-4:30pm.....	Case Study Reviews <i>Poor Titration</i> <i>Correct Titration</i> <i>BiLevel</i>
4:30-5:00pm.....	Post Test

Disclosure: All course itineraries that are sent out prior to courses are sample program itineraries. SHMR reserves the right to adjust lecture times to accommodate guest lecturers. Start times or class end times will not vary more than ½ an hour